



CPR Overview

for women who are pregnant, postpartum mothers, caregivers, and their families

9-11 a.m. on August 19, 2026

Florida Department of Health in Marion County

1801 SE 32nd Ave., Ocala, FL 34471

Ocala Fire Rescue (OFR) will provide a **free, non-certificate** CPR overview. The CPR overview is offered to women who are pregnant, postpartum mothers, caregivers, and their families. Participants will learn how to respond to cardiopulmonary emergencies until first responders arrive, and how to assist a choking victim. OFR emphasizes the importance of early CPR initiation for infants and toddlers to help increase the chances of survival during emergencies.



Registration recommended but not required. Please register at **forms.cloud.microsoft/g/mUuwLVr4qL** or scan the QR code.

For more information, call 352-622-1161 or 352-644-2674, or email CHD42WIC@FLHealth.gov.

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