



February 6, 2026
10 a.m. – 2 p.m.



**Mary Sue Rich
Community Center
at Reed Place**
1821 NW 21st Ave.
Ocala, FL 34475

**Discover, Connect, and Thrive
— All in One Place!**

- Free admission, fun games, and prizes
- Free 30-minute flash workshops and talks led by local experts
- Free memory and health screenings
- Local resources you can use right away

Healthy Aging Expo 2026

**Learn, Connect, and Take Action —
Discover easy and effective steps
towards a healthier you.**

Ocala and Marion County welcome 2026 with the Healthy Aging Expo, an exciting showcase to empower you towards better health.

From free resources to hands-on demos and expert advice, come discover the many easy ways to improve your health!

Marion.FloridaHealth.gov

