

2025

Breastfeeding Class

The Marion County WIC Program offers a **free** breastfeeding class for new or expecting moms. The class will go over essential skills such as latching and positioning of the infant.

The classes meet 2-3 p.m. on the following dates:

Jan 8	Jul 9
Feb 12	Aug 13
Mar 12	Sept 10
Apr 9	Oct 8
May 14	Nov 12
Jun 11	Dec 10

The classes meet 10:30-11:30 a.m. on the following dates:

Jan 22	Jun 25
Feb 26	Jul 23
Mar 26	Aug 27
Apr 23	Sept 24
May 28	Oct 22



Mom and Baby Club

A Breastfeeding Support Group

The club is a **free** relaxed gathering for mothers, fathers, and children. We provide information, support, refreshments, and lots of fun.

The club meets 10-11 a.m. on the following dates:

Feb 5	Aug 6
Mar 5	Sept 3
Apr 2	Oct 1
May 7	Nov 5
Jun 4	Dec 3
Jul 2	



Class location: WIC Main Office, 1801 SE 32nd Ave.

For more info or help, call WIC at 352-622-1161 or visit Marion.FLHealth.gov/breastfeeding.



Women living with HIV should consult their health care provider before breastfeeding. If you are unaware of your HIV status, please speak with your health care provider about getting tested.

All are welcome. This institution is an equal opportunity provider.

2024/09